

Staggered Rib Sox

Designed for a 9" circular needles - Mary Moran ©2009 for HiyaHiya-USA

Requirements: 2 skeins/100g fingering weight yarn. Approximately 440 yards

Needles: 9" HiyaHiya Steel Circular needle size 1-1.5US (2.25 mm-2.5mm to obtain gauge)

An extra 9" circular or a single double point of the same size is helpful when turning the heel

Size: Woman's medium.

Gauge: 8 stitches/inch in stockinette.

This stitch pattern is very stretchy and will fit most size legs. The staggered rib pattern really helps the socks fit snugly and not slip down your leg.

Pattern:

Ribbing and Leg:

Cast on 68 stitches. Join in a ring being careful not to twist. Place a marker to show the beginning of the round. Knit circularly in K2, P2 ribbing for approximately 2 inches. Knit one round.

Using Staggered Rib stitch pattern on the right, knit in rounds until the desired leg height is reached.

Transfer 34 instep stitches to a double point needle or to a second 9" circular needle. These stitches will rest until you have completed your heel.

Begin Heel:

NOTE: Heel is worked in rows on your 9" circular over 34 stitches.

Heel Pattern:

Row 1 *Slip 1, k1 repeat across from *
Row 2 Slip 1, purl across

Knit in heel pattern until you have 34 heel flap rows or desired length (I usually knit my heel flap to a length of 2.75". End with a purl row, turn your work.



Staggered Rib Stitch Pattern:

Multiple of 2 sts

Use chart at right or
the instructions
below

Rnds 1-4: K1, p1
Rnds 5-8: P1, k1

	—	8
	—	7
	—	6
	—	5
—		4
—		3
—		2
—		1
2	1	

Turn Heel as follows:

Row 1: Sl 1, K17 sts, K2 tog, K1 turn

Row 2: Sl 1, P5 sts, P2 tog, P1, turn

Row 3: Sl 1, K6, K2 tog, K1, turn

Row 4: Sl 1, P7, P2 tog, P1, turn

Repeat rows 3 and 4, increasing 1 additional K or P stitch after the Sl 1 until all side stitches are consumed. End with a purl row, turn your work.

Gusset:

Rnd 1: Knit across heel flap. Pick up and knit 16 stitches from the side of the heel flap plus knit one stitch in the gusset corner. Place Marker. Knit the instep stitches off your second 9" circular or double point needle. Place Marker.

Next, pick up one stitch in the gusset corner and 16 stitches from the side of the heel flap. Knit the remaining stitches of your round. Be sure you have 2 markers placed at the beginning and end of your instep stitches.

Gusset Decrease and Sock Foot:

Rnd 1: K1, SSK, knit until 3 stitches before your marker, k2 tog, k1, knit around.

Rnd 2: Knit.

Repeat these 2 rounds until total stitches equal 64.

Sock Foot:

Continue knitting until you are approximately 1 1/2 to 2 inches from the tip of your longest toe.

Shape Toe:

Transfer your instep stitches to a second 9" circular or a double point needle.

Rnd 1:

Needle 1: K1, SSK, knit until the last 3 sts, K2 tog, K1

Needle 2: K1, SSK, knit until the last 3 stitches, k2 tog, k1.

Rnd 2: Knit around

Continue in this manner until you have approximately 24 stitches remaining or until sock has your desired toe shape. Graft toe closed.

Enjoy!

Mary